

CLASS SCHEDULE EFFECTIVE ON 7/03/2010

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
CLOSED	10:00a-11:00a TNT	9:15a - 10:00am MINI MAT RATS		9:15a - 10:00am MINI MAT RATS		10:00a-11:00a TNT
		4:15p - 5:30p OPEN MAT	4:15p - 5:30p OPEN MAT	4:15p - 5:30p OPEN MAT	4:15p - 5:30p OPEN MAT	11:00a - 12:00p KICKBOXING
	5:30p - 6:30p KID-JITSU 5-7YR OLDS	5:30p - 7:00p KID-JITSU 8YR OLDS &UP	5:30p - 6:30p KID-JITSU 5-7YR OLDS	5:30p - 7:00p KID-JITSU 8YR OLDS & UP	5:30p - 6:30p KID-JITSU 5-7YR OLDS	12:00p - 2:00p OPEN MAT
	6:30p - 7:30p ADULT JIU-JITSU	7:00p - 8:00p ADULT JIU-JITSU	6:30p - 7:30p ADULT JIU-JITSU	7:00p - 8:00p TNT	6:30p - 8:30p Open Mat	
	7:30P - 8:30p MMA CONDITIONING	8:00p - 9:00p MMA CONDITIONING	7:30P - 8:30p MMA CONDITIONING	8:00p - 9:00p ADULT JIU-JITSU		