



# Taksindu Social Welfare (TSW)

A NGO working for humanitarian supports of Himalayan Communities

G.P. Box 7602, Baluwatar, Kathmandu, Nepal  
email: [tsw@wlink.com.np](mailto:tsw@wlink.com.np), [www.tswnepal.org](http://www.tswnepal.org)

## Taksindu Social Welfare (TSW) Newsletters: Year 2009

Volume :- 3

From the desk of President!!!

Dear all TSW's supporters & friends, Namaste!

Today I am very proud & happy to share TSW's third annual newsletter as one of the most pleasant moment of my life with connecting with TSW, I was met by Kim Ronald & Jim Nowak many years ago probably when I was 6 or 7 years old, playing in the dirt all the times in the village of Deku. Over the year they passed through deku for many times on their different trip to Nepal. Fortunately! they decided to help on my education.

This became full another circle of life consequently three years ago I had registered TSW under the nonprofit organization in Kathmandu district administration office & Social Welfare Council of Nepal with the mission to help the socially and economically disadvantaged local communities. We aim to reach these communities by supporting them in overcoming their problems and improve their lifestyle through cost-effective and sustainable programs. It is a mission where locals will have the ultimate ownership of all the developmental projects.

Education being the key factor in uplifting communities' life and living standards, we focus on areas of Education as our primary Health, Environment & Cultural preservation will be other areas we will be working on simultaneously

The essence of our work is based on a 'community development' approach in achieving sustainable, valuable and genuine partnerships with communities with the belief that cultivates the sense of ownership and responsibility towards a project's success and consequent improvement in the quality of day to day life.

I would like to extend my deepest thanks to all of your generous supporter, which highly supported us for our continue work ahead to bring the positive improvement in the life of children, women & men of many remote Nepali people.

We look forward for your continues support for many year of our rewarding journey.

Karma Sherpa

President

## Scholarship Program

**T**SW has started special scholarship program from 5 students in 2006 in eastern part of Nepal which we found very effective way to support children who can't reach at school without our support & which helped many children who are kept out of school to work in the family fields, as child porters, or as domestic servants. Still hundreds of children are not able to reach to school due to the lack of minimum cost like school uniform, stationary etc. Our mission of this scholarship program is to let all the under privileged children from solukhumbhu to attend the school in regular basic. For that we would like to continue this project further & in average the basic scholarship cost per students is \$50 so no matter how much you are supporting to TSW but it has immense value in the life of many persons.

## Teacher's Salary Program

- # Taksindu Secondary School
- # Saraswati Lower Secondary School in Phuleli
- # Deku Primary School



Taksindu secondary school is a semi-government high school in Taksindu region. We TSW are supporting this school by paying teacher salary to facilitated higher education at local level. This higher secondary school in local level is most important because the students who pass the lower secondary grade i.e. grade 7 are mostly of 13-15 years of age who are not really able to move away from their home and parents for higher secondary level education. So we TSW believe and it is true that if there is no Higher Secondary level School in this region at least 75% students will drop school after grade 7. That's the reason we TSW provide teacher salary to live the dream of many students and parents of community to pass higher secondary Level in their own community. And we found that this concept is really making difference in community. And after their SLC graduation (School Leaving Certificate) students are provided opportunity for the further education in district head quarters & Kathmand .

In additional we are also supporting teacher salary in two more school called Saraswati Lower Secondary School in Phuleli & Deku Primary School because both school are rarely having sufficient teachers to run all class effectively throughout the year, which made big difference on annual students academic progress and enrollments of students. Our extra additional teacher greatly helped on the extracurricular activities in the schools besides of education. Overall annually **over 500** students are benefiting by the teacher salary at remote Nepal school

## Sponsorship Program for Young Monks & Teacher Salary

Monastery education is a form of Buddhist education. Monasteries are the ancient cultural place to gain knowledge in Buddhist history so still the monastery education is regarded as a essential component in Buddhist culture. And still around 40% of parents want their children to go to Buddhist school rather than formal school. But as the Buddhist schools are not recognized by the government as academic institute and also Buddhist education system doesn't contain essential subjects like Math, Science and English it's hard for Buddhist monks to gain further education after completion of school.

We TSW had introduced a concept that such school need to add subjects like Science, math, and English in their curriculum. As our first milestone we started our concept in Taksindu Monastery by providing salary to English & Math teachers. Also to encourage students and teachers we TSW is providing scholarship for young monks who are attending Buddhist school in Taksindu Monastery with a hope that it will help them to widen their educational path and also to keep the culture of Buddhist school alive.

## Construction of Eco- Friendly Toilet & Shower :-

Sanitation and personal hygiene are basic things that every student will learn in their schools but it tends to be very rare in practical in remote Nepal. So to encourage personal and environmental sanitation we TSW constructed an eco friendly Toilet and shower in Taksindu Buddhist school, Chulemu Primary School & Namuna Primary School in Waku VDC. We hope the construction of toilet will help to keep the environment around monastery clean along with shower will promote personal hygiene and finally reduce the major air and water born **disease** around the monastery , within the monks and in entire community.



Construction of Toilet and Shower

## Full well furnish finished in Chulemu Primary School

Construction and repair of school buildings are the primary and most essential needs in remote Nepal. But after the construction of school buildings we realize that to meet the goal of quality education a good teacher, interior and proper furniture are equally important. In 2007 we TSW constructed a complete school building for a primary school in Chhulemu but because of insufficient budget we couldn't finish the interior in same year. As it was our one of the important and initial construction project we had a dream to make this a model school in this region investing optimum level of community bringing the sense of ownership of community project for the long lasting & well take care of school as their own property over

the year and year, which we became very successful even it took some more time then we expected but we are proud today community member are started playing vital role for the school & they already shown the active role in community which helped us on our drinking water project , which benefited us to reduce our project cost & in other hand community people are initiated in their own . In additional our community investment project was **highly supported by Ethically Engaged Youth (EEY)** in later days working together in hand to hand with community people, which truly supported TSW vision and mission.

Finally by 2008 we successfully completed all the interior furnishing. As it is going to be a model school for community we initiated a system of keeping a school library for quality education, we constructed sufficient school play ground with safety walls (10ft) around the play ground. We repaired and brought in the use of teacher's room within school premises which facilitate teachers those who don't belong to the same community and had problem for proper resident.

So, we are highly proud to announce that now Chhulemu Primary school is one of the best model primary school in Taksindu region where now around 85 students are attending school regularly.

### TSW is appealing for the sponsors of 3 children:-

We TSW would like to appeal to all our friends & supporter that we are currently looking for sponsors for the 3 children. Who are the real needy children because they are going through the most critical time of their life. If we could support their education that will be the another most rewarding things of our life as they will be able to secure their future but if we couldn't find any sponsor for them then their education will be stopped very soon. Their age are range from 5 -7-12 years old and their annual schooling expenses is \$330 & Euro 250 including school free, stationery & school uniform per child. I know it might be difficult for any of you but your support will reflect the purpose of your life ahead with great satisfaction. Please let me know for more

### Drinking Water Project in Chulemu School and in community.

As we continue to learn about the needs of the community we found that attendance rate of



children in school is less during summer season. Through our continue finding we came to know that most of the community people suffer water born disease including diarrhea that makes them stay away from school commonly in summer but even in winter in some extent. The main reason behind this is that they lack pure drinking water facility in whole community.

With the 50% of community contribution we recently completed our pure drinking water project throughout the year which will serve all school kids and teachers in school including whole community of 68 household with approximately 467 people. We believe that 50% of community contribution in total budget will be the reason of sustainability of this project as they will have the feeling of ownership on the project through their contribution and in additional they are proud of their own ability & social responsibility.

### Construction of Namuna primary School in Waku VDC

Taksindu Social Welfare (TSW) was requested funds for the construction of Nununa Primary School in



Under construction school , picture before construction

Protse village in Waku VDC & TSW. TSW President Mr. Karma himself made the survey of school and community, he found the construction of school is so important for the education of numbers of children age from 5 to 14, There was school but it was running through very critical condition, even it was hard to believe as school which you can see on the picture here. There was no any interior like desk and bench---

for students, no chair no black or white board, not even permanent roof so students are compelled to study in rain during the rainy season. School is

compelled to remain closed all the monsoon season. On other hand everyday numbers of students are increasing and space of old school was very limited so it's been really difficult due to insufficient space

for the children to accommodate. The next village is situated probably 2/3 hours of walk from Portse. Also the biggest challenge and the significant concern of the parents to send their children to another

village for school is that the village lacks access to a strong and permanent bridge for transportation. In monsoon season the road gets very slippery and the water level of river increases ten times than the normal level.

So, this project will surely transform the educational environment of the Portse community and will serve to build the future of enormous children, over six months of period. Besides this it will enable Taksindu Social Welfare to ensure to cover the large number of drop out children.

We have started this project from the middle of March aiming to finish by the end of August 2009 to resume the regular class as soon as possible and by now we finished more than 70 % of project.

### Problem Statement

Many people in this remote community lack access to even the most basic facilities such as adequate health care, roadways, electricity, and clean drinking water. Likewise, in educational sector does not have adequate funding, training, or oversight to accumulate the major challenges posed by Solukhumbu's rugged geography and overwhelming poverty. This community is comprised of 40 households, with a total population of 425 people. Portse is primarily inhabited by members of the indigenous Sherpa, Tamang & Rai, who are rich in their cultural practices and famous for their ability to carry enormous loads as porters.

### Special 15 days free medical camp in Nantahala Hospital

In the extremely remote and poor villages of Eastern Nepal often people are found to have no time for their health, in other hand there they lack access for health. Especially due to lack of awareness people rarely visit health service centre. That results in untimely death of many before the proper diagnosis of the disease.

With a view to provide health awareness and provide free medical checkup for the under privileged community, especially children, old people and mothers we TSW conducted a 15 days successful health camp in Nunthala with 4 specialist and more than 7 health assistance from Europe and Nunthala hospital staffs. Within 15 days camp total patient we had around 500 patients and among them we referred risky cases to District hospital and some cases are also treated in Kathmandu with our help. Beside the treatment our important achievement was also through health counseling and awareness program of 15 days. We come to know through our follow up visit to Nunthala hospital that the number of patients visiting Nunthala Health post increased by 25% within 4 months.

We TSW would like to extend our sincere gratitude to following our supporters & friends that have contributed to our successful projects

- . Ethically Engaged Youth (EEY)
- . Friends of Nepal (FON) , Australia
- . TSW France & Nepal
- . dZi Foundation
- . James Cook University of Occupational Therapy
- . Kina Social Venture
- . Mountain Hardware Give back program
- . Tara Foundation
- . Nomad Nepal Treks & Expedition

#### Our small Help returned hope



Every year I attend school only for 6 months because rest of the time I do carry this loads to earn for my school fee. It was my dream to be regular in class. When I met TSW

staffs on my way and we had a short talk and it was their kindness that they provided me scholarship and today I am really proud to say that not only me but there are many of us attending regular class because of TSW .

We thank TSW for giving us a new life with hope and wish for your continue support.

---Purnima Rai

(translated by Sonam Doka Sherpa )

We sincerely thanks EEY helping as truly global citizenship

#### TSW officially registered In France:-

[www.tswfrancenepal.com](http://www.tswfrancenepal.com)

TSW was officially registered in France as “**TSW France Nepal**” by Ms Brigitte Izombard, Danielle ANGELLA & their family & Friends under the act of nonprofit association with the mission to support the humanitarian help of underprivileged Himalayan communities through the key of education, health & sustainable community development work.

Thank for supporting TSW France Nepal & its team, all your support (100% of all your donation will directly goes for project of remote Nepal)

# How You Can Help TSW

Requesting for the donation is one of the most challenging parts of TSW with limited sources, but still we are proud with what we have been doing for last three years back with immense success of bringing the highest improvement in the quality of day to day life as the most essential supporter & today directly & indirectly thousand people are benefiting from our humanitarian support which we would like to carry on even more in coming day with your continue further support. Please! help us “**if everyone just did one little thing, then world would be a better place**”- Jim Nowak

## HELP US TO HELP,,,

We are only able to carry on our work through the generosity of individuals, institutions and people like you. **Please take the time to make a donation.** We value every gift we receive and ensure that your money goes **straight to where it is needed most.** Help us make a difference in the life of people of the ' NEPAL'

Your Contribution Delivers Direct Support:

- \$50 provides a child annual education fees
- \$100 provides a sewing machine that can help a woman start her own business.
- \$300 provides community matching fund in remote Nepal School or community project
- \$500 can help special Adult Women literary class plus HIV aids awareness program
- \$1,000 helps a teacher annual salary at a school
- \$2,000 provides public communication Centre in Nunthala of Solukhumbu to connect with rest of world
- \$4,000 helps builds of primary school in Rural Nepal & benefit hundreds of students every year

Namaste! we depend upon your kind support.

Thank You.

TSW