

## Follow Your Heart

Choreographie: Nicole Lorenz

<b>Descriptions:</b>	32 count, 2 wall, beginner/intermediate line dance
<b>Music:</b>	<b>Black Is Black</b> by Beverley Mitchell

### Point-scaff-cross (traveling forward) 4x

1&2 RF point right - scaff on RF - RF cross over LF

3&4 LF point left - scaff on LF - LF cross over RF

5&6 RF point right - scaff on RF - RF cross over LF

7&8 LF point left - scaff on LF - LF cross over RF

### Diagonal back, drag, syncopated weave, side rock turn ¼ l

1-2 RF Step diagonal right back - LF drag to RF

3&4 LF cross behind RF - RF Step to right - LF cross over RF

&5 RF Step to right - LF cross behind RF

&6 RF Step to right - LF cross over RF

7-8 RF rock to right - turn ¼ left, recover on LF (9:00)

(Restart: At 3rd Wall - facing 9:00 - break hear and start again)

### Skater 4x, chassé, rock back

1-2 RF Skate diagonal to right forward - LF Skate diagonal to left forward

3-4 RF Skate diagonal to right forward - LF Skate diagonal to left forward

5&6 RF Step to right - LF Step next to RF - RF Step to right

7-8 LF rock back - recover on LF

### Step, pivot ½ r, ½ turn r, ½ turn r, ¼ turn r-side rock, ball-step, step

1-2 LF Step forward - turn ½ right, take weight onto RF (3:00)

3-4 turn ½ right, LF Step back (9:00) - turn ½ right, RF Step forward (3:00)

5-6 turn ¼ right, LF rock to left (6:00) - recover on RF

&7 LF Step next to RF - RF Step forward

8 LF Step forward

### Start again