



May 2010

May has always been one of my favorite months - a time when you really see change - flowers blooming, grass is getting green and lots of outside work to be done.

May is also the month for [PRD](#). I am looking forward to heading to Peterborough and hope to see area members while there. By now you should all have received your confirmation for your rooms - as I had received many calls regarding this. If you haven't please give me a call as we will have to look into this.

I am in the midst of putting together a TOPS Yard Sale - benefitting our area. I am thinking for the month of July (date yet to be set for sure). If your chapter members have anything they would like to donate - please contact me if they need it picked up. More details to follow.

[TOPS ON 5272 Stratford](#) has come up with a great fundraiser that they have invited all TOPS members to:



All Welcomed!

If your chapter has something it would like to share - a fundraising event, a special celebration, or anything. Please send it to me by the 25th of the month as I am starting a "Chapter News" in the next newsletter.

A note regarding [ON 5272 Stratford](#) - their chapter now meets at 45 Buckingham Street, Lounge, Stratford.

A new chapter is forming in St Marys. Their first meeting will be Wednesday, May 12th.

Weigh In at 5

Meeting at 5:30

They meet at

Gra Ham Energy Ltd. (Boardroom)

88 Queen St. West, St Marys

Leader: Sharyl

I will share their chapter number once they are chartered.



Upcoming Area Captain Presentations

May 6: [ON 5351 Monkton](#)

May 7th: [ON 5191 Woodstock](#)

May 26th: [ON 1092 Stratford](#)

June 2nd: [ON 5360 St Marys](#)

June 3rd: [ON 5377 Lucan](#)

June 29th: [ON 5248 Parkhill](#)

If you haven't already booked a Stress Management Presentation [contact me](#) and we'll get one booked.

I love getting out to the chapters - I have several other presentations I can present if you would like me to attend your chapter again. The Stress Management Presentation is one that **must** be presented to each chapter.

I have been asked by several chapters to host different workshops again this year and am in the midst of getting the information together and setting dates. Hopefully this will be set before the next newsletter.



Happy Birthday to all **TOPS/KOPS** celebrating a birthday in May. [Click here](#) to see if you share a birthday with a fellow member.

KOPS Celebrating Anniversaries in May

Joanne E from [ON 5248 Parkhill](#) 12 years!

Barb from [ON 5248 Parkhill](#) 2 years!

Nancy K from [ON 5270 Stratford](#) 1 year!

Eileen S from [ON 5191 Woodstock](#) 6 years!

Happy 1st Year to

[TOPS ON 5377 Lucan](#)

May 26th

In closing, I would like to wish all Mother's a Happy Mother's Day, tell everyone to have a wonderful, safe first long weekend of the summer, and to take time this month to savor all the changes happening outside.

Take Care

Rhonda

Thought to Ponder : "It is better to do a few things well than do many things badly and have to do them again"