

# Quick 'n Easy Contest

## Loser Lotto

(Submitted by Kathy Naquin, TOPS LA 0493 Thibodaux)



TAKE OFF POUNDS SENSIBLY

### Rules:

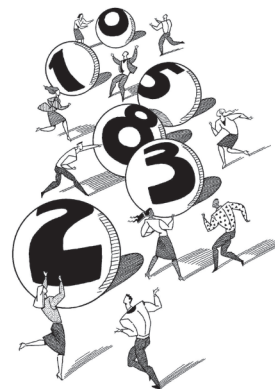
Each participant puts in a designated dollar amount—\$1, \$2, \$5, or whatever your chapter decides. This is a one-time participation fee and will serve as the prize money. For large chapters, the money may be split between the winning member and the chapter's general fund—it's up to your chapter to decide beforehand.

Every time a member has a loss at weigh-in, he or she will write their name in a square on the Lotto Card. If a member has a turtle or a gain, they cannot write on a square—that's why it's called "Loser Lotto!"

The game will continue each week until all the Lotto squares are filled. The incentive is to lose weight each week to get your name on the Lotto Card as many times as possible.

When the Lotto Card is full, a number will be drawn that will correspond with a square on the card (*prior to the drawing, number scraps of paper and put them in a jar*). Whoever is on that square will win the money!

Depending on the size of your chapter, please use either one of the Lotto Cards provided with this program. For large chapters, you may make your own Lotto Card with more squares.



**Have fun, good luck, and get losing!**

1	2	3	4	5
6	7	8	9	10
11	12	13	14	15
16	17	18	19	20
21	22	23	24	25
26	27	28	29	30
31	32	33	34	35
36	37	38	39	40
41	42	43	44	45
46	47	48	49	50

# LOSER LOTTO

1	2	3	4	5
6	7	8	9	10
11	12	13	14	15
16	17	18	19	20
21	22	23	24	25
26	27	28	29	30
31	32	33	34	35
36	37	38	39	40
41	42	43	44	45
46	47	48	49	50
51	52	53	54	55
56	57	58	59	60
61	62	63	64	65
66	67	68	69	70
71	72	73	74	75
76	77	78	79	80
81	82	83	84	85
86	87	88	89	90
91	92	93	94	95
96	97	98	99	100