

28. Nachwuchsmeeting Zofingen 2010

Zeitplan

**Samstag, 7. August 2010**

Zeit	U18 M	U16 M	U14 M	U12 M	Zeit	U18 W	U16 W	U14 W	U12 W	Zeit
10:00	Stab Kugel 1	Stab	Weit 1	Hoch 2	10:00	Weit 2 Diskus			60m Hü Kugel 2	10:00
10:10			Speer	Speer	10:10			60m Hü		10:10
10:20				60m Hü	10:20					10:20
10:30			80m Hü		10:30					10:30
10:40					10:40		80m Hü	Hoch 2		10:40
10:50					10:50		Diskus			10:50
11:00	Hoch 1	100m Hü Kugel 2			11:00	Stab	Stab			11:00
11:05					11:05	100m Hü				11:05
11:10		Weit 1			11:10	Kugel 1	Weit 2			11:10
11:15	110m Hü				11:15					11:15
11:40				60m	11:40	Hoch 1		Speer	Speer	11:40
11:50	Diskus		60m		11:50				Hoch 2	11:50
12:00					12:00			60m		12:00
12:20					12:20				60m	12:20
12:30				Weit 3	12:30		Kugel 1+2			12:30
12:40		80m Diskus			12:40					12:40
12:50	Weit 1		Hoch 2		12:50		80m			12:50
13:00					13:00			Weit 2		13:00
13:10					13:10	100m				13:10
13:20	100m				13:20					13:20
13:30					13:30		Hoch 1		Weit 3	13:30
13:50					13:50	Speer				13:50
14:00			Diskus	Diskus	14:00	300m Hü				14:00
14:05	300m Hü				14:05					14:05
14:20					14:20	200m				14:20
14:30	200m				14:30	Drei		Diskus	Diskus	14:30
14:40	Speer				14:40					14:40
14:50					14:50				600m	14:50
15:00		Hoch 1			15:00			600m		15:00
15:10			Kugel 1	Kugel 2	15:10		600m			15:10
15:20	Drei	600m			15:20					15:20
15:30			600m		15:30					15:30
15:40		Speer		600m	15:40					15:40
16:00	400m				16:00		Drei	Kugel 2		16:00
16:10					16:10	400m				16:10
16:20	800m				16:20					16:20
16:30					16:30	800m				16:30
16:40		2000m	2000m	2000m	16:40					16:40
16:50		Drei			16:50		2000m	2000m	2000m	16:50
17:00					17:00	1500m	Speer			17:00
17:10	1500m				17:10					17:10
17:20					17:20	1500m				17:20
17:40					17:40	3000m				17:40
18:00	3000m				18:00					18:00