

Deserve-ability

It's far more profound than deserving, which connotes the belief others may have in the worthiness of your actions or external circumstances. Deserve-ability is the knowing of your own worthiness as a match to what it is you believe you deserve and having the ability, internal fortitude to acquire.

Life does not give us what we want it gives us what we think we deserve. If you think you deserve more, then it's your responsibility to seek the path to fulfillment. Get the tools, the resources and the answers you need to align yourself to that which gives you the ability to receive more.

We've all heard the statement, "Afraid of success". The depth of this matter is the uncovering of the belief, or disbelief within our self to our own deserve-ability. We hold ourselves back from success so often, because we are yet unsure of our *right* to achieve it, even when all of the external indicators may be in line.

Success in the acquisition of our desires can be frightening. It is propounded that we not think too highly of ourselves. Society so often, wants you to believe wanting more to be selfish. If your dreams are too large or aren't in alignment with what others are seeking you are crazy or deceived.

It is far easier to find those to talk you out of your dreams than finding likeminded positive committed people to support you in reaching for more.

I've often said, "Commit to what you want". It is in that unwavering belief that your desires are valid that makes a difference. Your true heart's desires are unique to you and therefore each one of us is *responsible* to the achievement of them. Luckily, it's also your birthright to realize this inheritance. So, mostly we simply need to let go and learn to appreciate our self.

When we look in the mirror , confronting our worthiness, be one with our desires and say with whole hearted belief, "I deserve that" then, and only then, have we come to the point where acquiring it can and will become real. Living in the position of knowing you deserve your heart's desires is

sweet. There is peacefulness within it. You've attained a confidence of its arriving, thus it is but a short distance from the fulfillment.

So, what does it mean to "seek the path to fulfillment"? Truly believing in something requires a movement in the direction of it. The movement is the path. Getting the tools you will need is taking steps in the right direction. That's the seeking, knowing what you need, and may need to do to clear the path. Gaining awareness as to what it will be like to achieve it is clarity that will magnify your progress.

A simple illustration would be saying, "I deserve to be treated nice." So, making sure you're treating *yourself* with respect would be movement. Setting boundaries to ensure others don't cross the line of how you want to be treated confirms your worthiness. Committing to take quality "me" time is forward motion. Refraining from all derogatory statements about your self is strides in the right direction. Anything short of these steps would be exhibiting disbelief of your deserve-ability.

**"All the so-called "secrets of success" will not work unless you do." ~Author
Unknown**

This week confirm your worthiness and step into your deserve-ability with these simple tips:

- **Confront Your Worthiness:** Think of one specific thing you truly desire. Then, look in the mirror, into your eyes and say, "I deserve _____!" and "I deserve to enjoy _____!" This may be hard at first but keep doing it. It will get easier.
- **Getting the Tools:** Determine, make a list of what you need, or need to do that would put you in a position to be ready to receive. Commit to at least one of those things this week.
- **Gain Awareness:** Learn or even meditate on what it would be like to already have it. They say if you're dreaming of a new fancy car, go test drive one. It puts you in the reality. If you're dreaming of a new home, go walk through an open house, hang out in the rooms. When you can feel it, really put yourself in it, even if it's only in your mind, you are becoming a match to it.

We are all so worthy of all that is in our hearts to do and acquire. Let's not hold back and realize it's time to step into our true essence.

I wish you a most amazing week of beauty and prosperity in all that you endeavor!