

WELCOME TO THE 32th World Armwrestling Championships
5 DECEMBER-12 DECEMBER MESQUITE NEVADA USA
31st World Armwrestling Federation (WAF)

Saturday and Sunday

December 4 /5 Team Arrivals

Monday December 6

9:00 a.m. to 1:00 p.m. Team Registration
10:00 a.m. to 5:00 p.m. Referee Seminar
5:00 p.m. to 7:00 p.m. Continental Meetings

TUESDAY December 7

8:00 a.m. to 5:00 p.m. Country Weigh-Ins
6:00 p.m. to 9:00 p.m. Congress Meeting

Wednesday December 8

9:00 a.m. to 10:00 a.m. Opening Ceremonies
10:00 a.m. Disabled Left Hand
Masters Left Grand Masters Left Senior Gd Master Left Youth Left Hand
Award Ceremonies = 39 Classes

Thursday December 9 9:00 a.m. Right Hand Disabled
Masters Right Grand Masters Right Senior Gd Master Right
Youth Right Hand Award Ceremonies = 28Classes

Friday December 10

9:00 a.m. Senior Left Hand
End of tournament Award Ceremonies

Saturday December 11

9:00 a.m. Senior Right Hand Classes
End of tournament Closing Ceremonies

Sunday December 12 Team Departures

Approved WAF weigh classes

Youth Division - \$20 per arm per class Total Classes: 28
Girls Right and Left - 45kg, 50kg, 55 kg, 60 kg, 65kg, 70kg, 70 kg
Boys Right and Left 50 kg, 55 kg, 60 kg, 65 kg, 70 kg, 80 kg, 80 kg
Master Division 40 years and over - \$40 per arm per class Total Classes: 18
Mens Right and Left - 70kg, 80 kg, 90 kg, 100 kg, 100 kg
Ladies Right and Left - 60kg, 70 kg, 80 kg, 80 kg
Grand Master Division 50 years and over - \$40 per arm per class Total Classes: 8
Mens Right and Left 75kg, 90kg, 100 kg, 100KG
Disabled Division \$20 per arm per class Total Classes: 12
Mens Right and Left 60 kg, 75 kg, 90 kg, 90 kg
Ladies Right and Left 60 kg, 60 kg
Senior Division - \$40 per arm per class
Total Classes: 36

Mens Right and Left

55, kg, 60 kg, 65 kg, 70 kg, 75 kg, 80 kg, 85 kg, 90 kg, 100 kg, 110 kg and 110 kg

Ladies Right and Left

50 kg, 55 kg, 60 kg, 65 kg, 70 kg, 80 kg, 80 kg.

TOTAL WEIGHT CLASSES TO BE HELD: 102

MONDAY, 6 DECEMBER 2010 TEAM REGISTRATION 9:00 a.m. to 1:00 p.m.

Passport or Photo ID for each competitor

7 DECEMBER 2010 Weigh-In Procedures

TEAM WEIGH-IN 8:00 a.m. to 6:00 p.m.

Each team must come to weigh-ins in the following manner:

Youth girls 45 kg, 50 kg, 55 kg... and so on

Youth boys 50 kg, 55 kg, 60kg...and so on

Ladies 50 kg, 55 kg, 60 kg and so on

Mens 55 kg, 60 kg, 65 kg and so on

Master and Grand Master

Disabled

Please Note:

If a competitor does not make weight, they have until to make weight.

A test scale will be made available for competitors

A Competitor only has two shots at official weigh-in scale

A Competitor may only weigh-in between other countries

Official Event Badge:

Badges must be worn at all times during competition days.