



LEAP



Learning Experience Auroville Program

„Learning Experience Auroville Program“ offers a range lectures, workshops and study programs:

HEALING & HEALTH

Ayurvedic Massage Course - Umberto Grippo, Harmony Centre Auroville Aurodam, 2622371, umberto@auroville.org.in
Feb 15-20, March 1-6

Peas vs Pills - Dr. Nandita Shah, Quiet Healing Centre, Auroville, 2622646, 2622329, quiet@auroville.org.in, nandita@sharan-india.org
Sunday Feb 14, 9 am - 5 pm, Sunday March 7, 9 am - 5 pm

Reiki I - Sonja van Dam, Aurodam, Harmony Hall, Sonjaumberto@auroville.org.in, 2622371
April 22, 9.15-12.30

Basic Foot Reflexology - Vani, Vikas Community, 2623008, vani@auroville.org.in

Reiki Course 1st Degree and 2nd Degree - Vani, Vikas, 2623008, vani@auroville.org.in
Courses will be given every 1st and 3rd weekends of the month
Saturday and Sunday full day - following the demand either 1st or 2nd degree.

Reiki Workshop - Marlenka, Harmony Hall, Aurodam, marlenka@auroville.org.in
Febr 2-3, March 9-10, 9 am-12 noon

MOVEMENT & ENERGY

Nia® - Movement Practise - Sabine & Philippe; certified Black Belt Nia Teachers, New Creation Dance Studio, 9894558174, info@niamaste.com
Nia Basics, Feb 21th : 10am-1pm
Nia & Chakras, 1-week workshop: March 15 - 21 every morning 9.30-11.30am

Tai Chi/Chi Kung - Philippe, Repos, Niamaste Outdoor Dojo, 98 94 55 81 74, info@niamaste.com,
Feb 17-19, Feb 24-26, March 10-12, April 5-7, (7:30 to 10:30am)

Horse & Soul - Communication & Fusionriding - Philippe, Auroville Red Earth Riding School, info@niamaste.com, 98 94 55 81 74
Feb 11-13, March 3-5, March 24-26 (7:30-10:30am)

Somatic Movement Education - Maggie, Verite Hall, 262-2320 94866-23465, purplemaggie@hotmail.com
Feb 12th, March 6th, April 3rd, (9.30 am-Noon and 2 pm - 4.30pm)

COMMUNICATION & TRANSFORMATION

Living a Conscious Evolution with the Integral Yoga - Bhaga, Repos, 2622328, 9443362328, bhaga@auroville.org.in
Workshop given every month, 12 hours spread on six afternoons (2 to 4 pm).
Starting every month on the first Monday of that month,

Compassionate Communication Introductory Workshop - Tewa, Pavilion for Tibetan Culture, mandalaluna@yahoo.com, 0413-2622073

Sacred Intimate Relationship Playshop - Jivan & Tewa, Pavilion for Tibetan Culture, mandalaluna@yahoo.com, 0413-2622073

Life Coaching - Vani, 2623008, vani@auroville.org.in, all year

Inner Seeing - Sonja, Aurodam, Harmony Hall, sonjaumberto@auroville.org.in
Feb 1, Feb 6, March 13

Tarot Reading - Philippe, info@niamaste.com, 98 94 55 81 74
by appointment

The spiritual adventure - Ambre, Ambre@auroville.org.in or 262 3019
15th till 21st of February 2010

CREATIVITY & PLAY

The Transformation Game - Sonja van Dam, Aurodam, Harmony Hall, sonjaumberto@auroville.org.in, 2622371
Feb 16th at 2.30, March 2nd at 9.30

Ikebana “The Japanese Ritual Art of Flower Arrangement“ - Valeria Raso Matsumoto, Hall of Light Creativity community, valeriaraso@hotmail.com, 2623585 or 9442992827, by appointment

Freeing Your Healing Voice Playshops - Jivan, jivanfree@yahoo.com, 0413-2622-073

Drawing Experiment - Audrey, Creativity's Atelier, 291-7344, audrey@auroville.org.in
Nov. through Mar. every Thursday 9-12 and 1:30-4:30

SUSTAINABILITY IN LIFE & TECHNOLOGY

Principles of Sustainable Food Growing - Priya & Vivek, Buddha Garden, 94432 22653, priya@auroville.org.in org
The workshop series will be given on the second and fourth week Feb and March.

Introductory Workshop on Sustainable Food Growing - Priya & Vivek, Buddha Garden, 94432 22653, priya@auroville.org.in org
every Monday throughout the year starting at 10am and ending just before lunch.

Holistic Food Systems - The Convergence team - Marc 9443326499 or Tamar 2622983, creatingchange@thepointofconvergence.org
Feb 19th-21st - A weekend workshop including cooking, a farm visit and fun!

AUROVILLE & THE VILLAGES

Lively Village Tour - Balu, Mohanam Cultural Centre, mohanam@auroville.org.in, 2623806 or 943644757,
February 6, 13, 20, March 7, 20, 28

Insight Seminars - Inside India, Inside India building in Auroshilpam, insight@auroville.org.in

workshops/ lectures/ study programs
february /march /april 2010



„Blessed are those who take a LEAP towards the Future.“
Mother 1971



„...Auroville will be the place of an unending education, of constant progress...“
Auroville Charter



www.leap-auroville.com

Ongoing LEAP-classes on the website